Parents in Partnership

we've been where you are

presented by:
Los Angeles County Department of Children Services
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Maria Sanchez, MSW Intern
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GOALS

• Improved Permanence
  Shorten the timelines for permanency for children removed from their families with a particular emphasis on reunification, kinship and adoption.

• Improved Safety
  Significantly reduce the recurrence rate of abuse or neglect.

• Reduced Reliance on Out-of-Home Care
  Reduced reliance on out-of-home care through expansion of alternative community-based strategies.

Parents In Partnership Program

Birth parent engagement in Los Angeles County was introduced to DCFS through the Annie E. Casey Initiative in 2005.

• a collaborative effort between DCFS & parent partner paraprofessionals.
• designed to strengthen families and communities.
• provides education, information, mentoring & support to families involved with DCFS.
• seeks to facilitate safe reunification and maintaining families together.

Parents in Partnership (PIP)

  • Offices*  6
  • Parents  15
  • Staff paid  1
  • Volunteer*  8
  • MSW Interns  7

PIP Activities

• Parent Representatives
  • represent the program at outreach events
  • participate in program development and steering committee meetings
  • maintain PIP Info Line and work Info Desk

• Parent Speakers
  • conduct child welfare and juvenile dependency court orientation
  • panel participant for resource family training

• Parent Trainers
  • develop, conduct, & coordinate conferences, training, workshops, and psycho-educational groups
**Parent Orientation**

Staff & parent partners provide birth parents with information about the child welfare and dependency court systems to help them make informed decisions that will positively impact the outcome of their case.

- How and why cases come into system
- How the case flows through the department
- The dependency court process & types of hearings
- Legal time lines & concurrent planning
- Visitation, contact, & documentation
- Parent rights and responsibilities
- Self-advocacy and dispute resolution

**Topics Include:**
- M.S.W. Interns
- Positively impact the outcome of their case.
- Empathy
- Transference/Countertransference*
- Support Through Psycho Education
- Parent Orientations
- Parent Mentors
- Support individual birth parents, one-on-one & peer support group

**Core Training**

- ABC Building a Better Future
- Advocacy
- ABC’s of DCFS
- Child Abuse 101
- Substance Abuse
- Domestic Violence
- Cultural Competency
- Ethics and Values
- Overview Dept of Mental Health and Self Care
- Effective Story Telling for Parent Engagement

**Enhancement Training**

- Model Approach to Partnerships in Parenting
- Business and Social Etiquette
- Orientation Presentation (Train the Trainer)
- Team Decision Making/Mentoring
- Poor Support Training

**Support Through Psycho Education**

- Changing Roles
- Anxiety
- Coping Skills
- Anger Management
- Boundaries
- Parallel Process*
- Transference/Countertransference*
- Communication
- Ethics
- Self Esteem
- Self Disclosure
- Trust
- Separation and Loss*
- Empathy
- Termination

**Parent partner tasks require considerable emotional investment.**

The psycho-educational modules help parents develop self awareness and skills.

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- The psycho-educational modules help parents develop self awareness and skills.

**M.S.W. Interns**

- Assist in program planning and development
- Facilitate support groups
- Develop psycho-educational modules
- Develop and conduct parent appropriate training
- Mentor parent partners
- Support staff
- Contribute innovative ideas
**PIP Program**

*How can you partner with us?*

- Use of facilities for orientation or peer support group
- Refer clients to orientation and peer support group
- Encourage consumers to call warm line
- Information about your program
- Parents in Partnership flyers in your office

**PIP Program**

- Questions
- Answers

**Maria Santos**  
**Parent Partner**

**Boundaries**

*Purpose:*
- Understand the importance of boundaries, and how to practice establishing and maintaining healthier boundaries.

*Objectives:*
- To establish and maintain healthier relationships
- To have a better understanding of self and one's identity
- To engage with others with clear and defined boundaries

**Communication**

*Purpose:*
- Improve understanding of effective communication skill and the importance of good communication when working with birth parents.

*Objectives:*
- Understand the definition and different meanings of communication
- Identify the different styles of communication
- Know the importance of non-verbal cues in communication
- Become a more effective communicator

**Self-Esteem**

*Purpose:*
- Understand self-esteem and be able to observe and identify the ways self-esteem can affect how parents work with other parents.

*Objectives:*
- Define self-esteem and identify how they see their self esteem
- Distinguish between positive and negative self esteem
- Name three ways to increase self esteem
- Identify how self esteem will affect Parent Partners’ work with birth parents
Trust

_Purpose:_
Gain understanding of the ways to build a trusting, working relationship with parents.

,Objectives:
• Understand the barriers to trust
• Understand the various ways that trust can be developed
• Increase trust building skills

Coping Skills

_Purpose:_
Understand and identify healthy and unhealthy coping skills.

_OBJECTIVES:
• Understand healthy and unhealthy coping skills and their affect on anxiety
• Distinguish between healthy and unhealthy coping skills
• Increase self-awareness to identify situations that trigger coping mechanisms.

Santo’s Video
LA County DCFS Parents in Partnership

PIP utilizes “Parent Partners,” prior DCFS-involved parents whose cases have been successfully closed. As a result of their journey through the child welfare and dependency court systems, they possess a unique perspective and can act as liaisons between parents new to the Department and Department staff by sharing their experiences and lessons learned. This sharing provides parents with hope and encouragement, and is reflected by the PIP motto, “We’ve Been Where You Are.” Parents are more able to “hear” the message from a Parent Partner, whereas barriers often get in the way of hearing the same information when it comes from the Department. Parent Partners have personally “been there and done that” and bring the voice of experience; they are able to teach hands-on skills to help parents navigate the child welfare system and effectively advocate for themselves.

The PIP program has actively contributed to the advancement of the Department’s goals to increase child safety, decrease reliance on foster care, and reduce timelines towards reunification. Parent Partners have educated parents, and relieved their stress and fear regarding visitation, reunification, and concurrent planning. They have helped parents work with DCFS staff and recognize the Department’s efforts to help them.

Parent Partners achieve the aforementioned goals through participation in the following activities:

- **Parent Speaker:** Parent Partners speak in various settings about their past experiences as DCFS-involved parents for the purpose of sensitizing the audience about parent/child bonds, cycles of abuse and poverty, discrimination, and struggles with addiction and life challenges. They provide a living example of a parent who has successfully reunified, who is clean and sober, and who wants to “give back” to other parents. They share the voice of parents at presentations for resource family recruitment and training, child welfare and dependency court orientations, parent support groups, local and national conferences, panel presentations, focus groups, and informational meetings.

- **Parent Mentor:** Parent Partners are assigned to individual birth parents that desire and would benefit from a mentor. Parent Partners assist parents in navigating the child welfare system, identifying their rights and responsibilities, and encouraging self advocacy. Parent Partners are available for support before, during, and after Team Decision Making (TDM) meetings where placement decisions and other important decisions are made in a team setting, with consent of birth parent.

- **Parent “Warm Line:**’’ Parent Partners respond to parents who are discouraged with their involvement with DCFS and the Court system and call the PIP Warm Line and provide support, resources, and referrals.

- **Parent Trainer:** Parent Partners co-facilitate with the DCFS Training Section the Core Training Program for New Parent Partners. In addition, Parent Partners assist the Department by identifying staff and community training needs, participating in curriculum development, and co-training. Parent Partners also facilitate parent support groups, and coordinate trainings, conferences, and workshops pertaining to the PIP program.

- **Parent Representative:** Parent Partners represent the PIP program at various outreach events to recruit, educate, and advocate. Within DCFS, Parent Partners participate in program development and steering committee meetings. Additionally, they maintain the program’s information phone line at each office, and are a presence for families in the regional office lobbies. Parent Partners also attend DCFS unit meetings and general staff meetings to continue to bridge the gap between Department policies and procedures and parents’ understanding, capabilities, and needs.
Skill enhancement and knowledge are imparted to the Parent Partners through ongoing training, support and supervision. Parent Partners attend bi-monthly mandatory psycho-educational support groups facilitated by contracted MSW student interns. Psycho-educational modules include:

- Anxiety
- Empathy
- Self Esteem
- Coping Skills
- Trust
- Self Disclosure
- Boundaries
- Communication/Ethics
- Changing Roles (from DCFS client, to DCFS affiliate)
- Termination
- Anger Management
- Parallel Process, Transference/Countertransference
- Separation and Loss.

To effectively deliver their services, PIP parents are required to attend a 60-hour core training before working with birth parents. Core training topics include:

- Annie E. Casey (AEC) Building a Better Future
- Advocacy, ABC’s of DCFS
- Child Abuse 101
- Substance Abuse
- Domestic Violence
- Cultural Competency
- Ethics and Values
- Overview Department of Mental Health and Self Care
- Grief and Loss
- Forgiveness
- Boundaries
- Effective Story Telling for Parent Engagement

Partner Partners have been called to share their voice, concerns, and knowledge for various DCFS operated focus groups, senior management committees, various governmental and community panels, and Parent Leadership conferences. Parent Partners have participated in the Statewide Self Assessment, Strategic Planning Redesign, and Juvenile Dependency Court Focus Groups. Last year twelve Parent Partners participated in a Self Assessment Focus Group, and feedback from the State was extremely positive. Parent Partners also attend, share resources, and give feedback every year at the National Parent Leadership Conference, and serve as presenters facilitating PIP related workshops at national summits and local conferences.
Why Should I Get Involved with Parents in Partnership?

WE’VE BEEN THERE AND DONE THAT
Parent Partners are parents whose families have been through the child welfare system. Some parents have successfully reunified with their children. All Parent Partner cases have been closed.

THE VOICES OF EXPERIENCE
Parent Partners can help parents navigate the policies, procedures and court issues involved with having a case with the Department of Children and Family Services.

ADVOCATES THAT LIGHT THE WAY
Having a parent partner can reduce stress for parents by providing information about DCFS and the parents rights within the system.

SUPPORT FOR THE WHOLE TEAM
Parent Partners will be available to parents, staff, and community for questions about the Parents in Partnership program and availability of resources.

KEEPING COMMUNICATION OPEN
Parent Partners will help you keep the lines of communication open between social workers, communities and service providers.

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If you have any questions regarding the Parents in Partnership (PIP) Program please call the number in your area and leave a message with your contact information.

A parent partner will return your call within 24 hours.

Belvedere Office Information Line: 323.725.4670
Serving residents in Commerce, East LA, Bell, Bell Gardens, Cudahy, Huntington Park, Montebello, Maywood, and Pico Rivera

South County Information Line: 562.497.3654
Serving residents in Lakewood, Carson, Signal Hill, Long Beach, Wilmington, San Pedro

Lancaster/Palmdale Information Line: 661.223.4232
Serving residents in the Antelope Valley

Metro North Office Information Line: 213.639.4072

Pomona Office Information Line: 909.868.4572
Serving residents in Diamond Bar, La Verne, Claremont, San Dimas, and Pomona.
The Los Angeles County Parents in Partnership Program

Losing custody of your children and coming in contact with DCFS can be devastating to families. Parents who have been through this experience, before you, know how this feels. Understanding the process of the Department of Children and Family Services and the Juvenile Dependency Court can appear overwhelming and stressful to newly involved families.

There is HOPE!

A committed group of parents who have been through the System are here to help you. These parents formed the Parents in Partnership program. They have partnered with the Annie E. Casey Foundation and the Department of Children and Family Services (DCFS) to provide, information, training and mentoring to newly involved families at DCFS.

This is what Parents in Partnership is all about!

Parents helping other parents work toward their goal of reuniting or maintaining their family.

You might ask, “How will they help me?”

There are several ways that parents can get assistance from the program:
- Orientation to DCFS and Dependency Court
- One-on-One Mentoring
- Parent Support Groups
- Support for Team Decision Making Meetings

Orientation to DCFS and Dependency Court

The orientation will provide you with basic, easy to understand information about both systems. By learning how your case will proceed through these systems, you will be able to understand, set goals, and seek resources to assist you in your goal of stabilizing your family.

Parents in Partnership Mentors

For those parents who feel they require a little more one-on-one support. The parent mentor program may be for you. Our skilled parent mentors will come along side of you and assist you with barriers and challenges that you may encounter along your road to terminating your DCFS Case.

Can I get a mentor from the Parents in Partnership Program?

Yes, if you have an open DCFS case and you reside in the areas served by the Belvedere, South County, Artesia Valley, Pomona, and Metro North DCFS offices. Additional locations will be added, please call any of the information numbers on the back page to inquire about services in your area.

How do I get a Parent Partner Mentor to help me with my case?

You can call your area information line and leave a message. A parent partner will call you back within 24 hours. The numbers are located on the back of this brochure. Additionally, parent partners are located in the office lobby to answer your questions, and at your request, support you during your Team Decision Making (TDM) meeting. Parent partner services and availability will vary between locations.
Among Napa Valley Unified’s 25 elementary schools more than 50% of elementary students are Latino. However, as a combined result of neighborhood demographics and the District’s policy of open enrollment, two-thirds of Latino elementary students are enrolled at one of seven “Latino schools.” Altogether, enrollment at these seven schools is 80% Latino; 54% English Learners; and 75% eligible for Free or Reduced Priced Meals. The overall result is that Napa schools, like the city that surrounds them, are highly segregated.

The Napa County Community Health Needs Assessment, completed in August 2007, identified significant health disparities between Whites and Latinos in at least four areas:

1. **Healthy Living and Wellness** – Latinos experience much higher levels of chronic illness, including obesity, diabetes and cancer. Latinos have a significantly higher level of smoking and tobacco addiction.
2. **Mental Health** – Latinos life stressors, including immigration, employment, poverty and acculturation often result in depression and can also manifest as anxiety, substance abuse or domestic violence.
3. **Alcoholism** – The Health Needs Assessment identified that Napa County is 58th out of 58 California counties in levels of cirrhosis of the liver and per capita DUI arrests. Latinos account for a disproportionate number of DUIs and percentage of cirrhosis cases.
4. **Dental Health** – Latinos reported a very low level of accessing dental care, including a disproportionately higher level of cavities, tooth decay and gum disease.

In response to the identified education and wellness needs, On The Move offers Napa Valley Parent University classes to low-income Latino families in two Napa neighborhoods— the McPherson Neighborhood and the Shurtleff Park Neighborhood. Families from these population groups care deeply about their children’s educational success. Most of these parents are recent immigrants who came to the U.S. with hopes of seeing a better life for their children.

The primary goal of Napa Valley University is to provide a learning environment for parents where they can take an array of classes that will help them to gain critical skills in order to be more active parents and leaders in the school and the community. Napa Valley Parent University while offered at elementary schools within each neighborhood – McPherson Elementary and Phillips Academy Elementary- is open to all families in the community, not only those enrolled in the two schools. Through Napa Valley Parent University classes parents learn how to understand the specific challenges faced by their children in moving through the school system, how to understand the complexities of accessing the medical system, and how to advocate for their children’s health and academic success. Classes through Napa Valley University focus on:

- How to Become an Effective Volunteer in the Classroom and School and Community Events
- How to Become an Effective School Consumer and Advocate
- How to Become a School, Community or Project Leader
- How to Raise a Healthy Child and Access Health Services

Napa Valley Parent University instructors support parents in ensuring the health and academic success of their children. A central element of Parent University is the deepening of each parents’ ability to understand the importance of their involvement in their child’s educational experience and in the life of their child’s school. Parents receive one unit of credit for every hour of classes they complete. At 20 hours, they will receive a certificate and their children have the chance to witness their parents graduate. Once a parent completes a course, they also become eligible to be trained and certified to teach the course to other parents.
Course Catalogue 2010-2011

Catálogo de Cursos 2010-2011
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Napa Valley Parent University (NVPU)

Unity in Purpose: To design a learning environment for parents where they can take an array of classes that will help them to gain critical skills in order to be more effective parents and leaders at school and in the community.

Universidad para Padres Napa Valley (NVPU)

Unidos en el Propósito: Crear un ambiente de aprendizaje en donde los padres puedan asistir a una variedad de clases que les ayudarán a desarrollar las habilidades necesarias para poder ser padres y líderes mas eficaces en la escuela y en la comunidad.

If you would like more information regarding NVPU please contact / Si desea más información acerca de NVPU, por favor contacte con:

NVPU McPherson Elementary

Tamara Sanguinetti, Principal / Directora
tsanguinetti@nvusd.k12.ca.us
707-253-3488

Eliabeth Gonzalez, Assistant Principal / Vicedirectora
epgonzalez@nvusd.k12.ca.us
707-253-3488

Fabiola Osorio, Parent Leadership Coordinator / Coordinadora de Liderazgo de Padres
fosorio.otm@gmail.com
707-363-3798

Maria Ruiz, Community Organizer / Organizadora Comunitaria
Maria.Ruiz@stjoe.org
707-251-2036

NVPU Phillips Elementary

Matthew Manning, Principal / Director
mmanning@nvusd.k12.ca.us
707-253-3481

Julie Tyler, Assistant Principal / Vicedirectora
jdtler@nvusd.k12.ca.us
707-253-3481

Irma Delgadillo, Bilingual Community Liaison / Representante Comunitaria Bilingüe
idelgadillo@nvusd.k12.ca.us
707-253-3481 x1050

Maria Ruiz, Community Organizer / Organizadora Comunitaria
Maria.Ruiz@stjoe.org
707-251-2036
Our 4 Focus Areas

NVPU offers courses in 4 focus areas:

• How to become an effective volunteer in the classroom and at events.
• How to become an effective school consumer and advocate.
• How to become a school, community and project leader.
• How to raise a healthy child and access health services.

Some classes are offered in the fall or spring semesters only while others are offered year round. Many of our classes will be offered during the school day and again in the early evening. We will offer classes in Spanish or in English only as well as bilingual classes. Parents have the opportunity and are encouraged to take as many classes as they like. All class courses are offered free of charge. Child care is provided for all courses offered in the evenings. We will continue to update this course catalog as we plan to offer many more classes during the school year. We will make sure that you receive this information.

A graduation ceremony is scheduled for the end of the year upon completion of at least 20 credits. You earn credits from each class you take.

Nuestras 4 Áreas de Enfoque

La Universidad para Padres Napa Valley ofrece cursos en 4 áreas de enfoque:

• Cómo ser un voluntario eficaz en el salón y en eventos.
• Cómo ser un participante activo y eficaz dentro del sistema escolar.
• Cómo ser un líder escolar, comunitario y de proyectos.
• Cómo criar a un niño saludable y cómo tener acceso a servicios de salud.

Algunos de estos cursos se ofrecen solamente en los semestres de otoño o primavera mientras que otros se ofrecen durante todo el año. Algunas de nuestras clases se ofrecerán durante el día escolar y por la tarde. Ofreceremos clases en español o en inglés, así como clases bilingües. Los padres tienen la oportunidad de tomar los cursos que deseen, y les animamos a ello. Todos los cursos son gratuitos. Hay cuidado de niños para todos los cursos ofrecidos por las tardes. Continuaremos renovando nuestro catálogo de cursos, pues queremos ofrecer muchas más clases a lo largo del curso escolar. Nos aseguraremos de que usted reciba esta información.

Hay prevista una ceremonia de graduación para el fin del curso para aquellos padres que completen por lo menos 20 créditos. Se consiguen créditos por cada curso al que se asista.
**Classes/Cursos**

**How to Become an Effective School Consumer and Advocate:** These courses will allow you to gain the skills and tools needed to become a better school consumer and advocate.

**Cómo Ser un Participante Activo y Eficaz dentro del Sistema Escolar:** Estos cursos le permitirán aprender y adquirir las herramientas necesarias para ser un participante activo y eficaz dentro del sistema escolar.

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<th>Course Code</th>
<th>Credits/Créditos</th>
<th>Course Title</th>
<th>Description</th>
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<tr>
<td>EDU 100</td>
<td>10-15 Credits/Créditos</td>
<td>Effective Parenting Techniques</td>
<td>For parents and other caregivers interested in positive discipline techniques. Learn why kids misbehave, communications skills and consequences. Learn Systemic Training for Effective Parenting (STEP) principles. Certificates of Completion available upon completing the class. In collaboration with the Adult Education Program, NVUSD</td>
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Técnicas de Paternidad Efectivas
Este curso es para padres y otros cuidadores interesados en técnicas de disciplina positiva. Aprenda por qué los niños se comportan mal, destrezas de comunicación y consecuencias. Aprenda los principios del sistema de paternidad efectiva conocido como STEP (por sus siglas en inglés). Certificados disponibles tras completar el curso. En colaboración con el Programa de Educación de Adultos, NVUSD |

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<tr>
<td>EDU 101</td>
<td>1.5 Credits/Créditos</td>
<td>Getting Ready for Kindergarten—It’s Never to Early to Start!</td>
<td>This course will explore the many ways you and your child can prepare for kindergarten. Learn how to start your child on the right path towards a successful academic future because it’s never too early to start.</td>
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Preparándose para el Kinder—¡Nunca Es Muy Temprano Para Comenzar! Este curso explorará las diferentes maneras en que usted y su hijo/a se pueden preparar para el Kinder. Aprenda cómo guiar a su hijo/a en el camino hacia un futuro académico exitoso. Recuerde, nunca es muy temprano para comenzar. |

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<th>7-10 Sessions/Sesiones</th>
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1 Session/Sesión
How to Become a School, Community or Project Leader: These courses will allow you to develop your leadership skills by acquiring the necessary tools & skills to become a leader in many settings.

Cómo Ser un Líder en la Escuela, Comunidad y de un Proyecto: Estos cursos le ayudarán a desarrollar su liderazgo adquiriendo las herramientas y destrezas necesarias para ser un líder en varios aspectos.

NVPU 100
Napa Valley Parent University Project Overview & Design of Classes
This course is an introduction to Napa Valley Parent University. Learn about how this program came about and the purpose and goal of it. This is also an excellent opportunity to give input and feedback for courses you would like to see offered in the future.

Universidad para Padres Napa Valley: Descripción del Proyecto y Diseño de los Clases.
Este curso es una introducción a Napa Valley Parent University. Aprenda cómo se inició el programa, su propósito y meta. También es una oportunidad de hacer comentarios sobre cursos que le gustaría que se ofrezcan en el futuro.

LEAD 100
How to Build Parent—School Partnerships Through Leadership Roles
A strong home-school partnership contributes to every child’s academic success. By taking an active role in this partnership, you will explore the many opportunities to develop your own leadership skills. In this class, you will receive information on how you can get involved in leadership capacity in your child’s school, by serving on the School Site Council, English Language Advisory Committee, Parent Faculty Club, and other school and district leadership committees. You will learn what the goals, requirements and responsibilities for these school and district leadership committees entail. Your involvement will help you learn how you can encourage more parents to participate and contribute positively towards building a stronger learning foundation for ALL the children.

Cómo Formar Asociaciones entre Padres y Escuelas por Medio de los Roles de Liderazgo
Una sólida asociación entre el hogar y la escuela contribuye al éxito académico de cada niño. Al tomar un rol activo en esta asociación, aprenderá las numerosas oportunidades de desarrollar sus propias habilidades de liderazgo. En esta clase recibirás información sobre cómo involucrarse en la escuela de su niño, sirviendo en el Consejo Escolar, en el Comité de Aprendices de Inglés, en el Club de Padres y Maestros y otros comités de liderazgo de la escuela y del distrito. Usted aprenderá cuáles son las metas, los requisitos y las responsabilidades de estos comités de liderazgo de las escuelas y del distrito. Con su aportación, usted aprenderá a alentar la participación de otros padres y contribuir positivamente a la formación de una fundación de aprendizaje más fuerte, para TODOS los niños.
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<td><strong>Leadership Training</strong>&lt;br&gt;Description to be developed</td>
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<td><strong>Pre-Requisite:</strong> participating in a School or Community Leadership group</td>
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<tr>
<td><strong>Entrenamiento de Liderazgo</strong>&lt;br&gt;Descripción en proceso de desarrollo</td>
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<tr>
<td><strong>Requisito:</strong> participar en un Grupo de Liderazgo de la escuela o la comunidad</td>
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<td><strong>Preparing for a Public Presentation</strong>&lt;br&gt;This course will prepare you for public presentations. It will provide you with tools and skills to deliver effective presentations. The class has different focus areas including: keynote speaker presentations, radio and television interviews as well as meeting presentations.</td>
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<td><strong>Preparándose para una Presentación Publica</strong>&lt;br&gt;Este curso lo preparará para dar presentaciones públicas. Le proporcionará herramientas para realizar presentaciones efectivas. Este curso tiene varias áreas de enfoque, incluyendo: presentaciones como orador/a, entrevistas de radio y televisión, así como presentaciones en reuniones.</td>
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<td><strong>Number of sessions dependent on area of focus/ Número de sesiones depende del área de enfoque.</strong></td>
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<tr>
<th>LEAD 103</th>
<th>Credits/Créditos</th>
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<td><strong>How to Organize a Successful School Event</strong>&lt;br&gt;This course will provide you with the essential skills and tools to organize a successful school event. This class covers what organization is and how it can be beneficial in our everyday activities. This is a project based course in which you will have the opportunity to apply the skills and knowledge from the course.</td>
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<td><strong>Cómo Organizar un Evento Escolar Exitoso</strong>&lt;br&gt;Este curso le dará las herramientas esenciales para organizar un evento escolar exitoso. Esta clase trata sobre qué es la organización y cómo puede ser beneficiosa en nuestras actividades diarias. Este curso está basado en un proyecto en el cual tendrá la oportunidad de aplicar las destrezas y herramientas que le ofrece este curso.</td>
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<tr>
<td><strong>Number of sessions dependent on type and purpose of the event. Número de sesiones depende del tipo y enfoque del evento.</strong></td>
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How to Become an Effective Volunteer in the Classroom and at Events: These courses will prepare you to become a more effective volunteer at the school and discover the many ways you can become involved.

Cómo Ser un Voluntario Eficaz en el Salón y en Eventos: Estos cursos lo prepararán para ser un voluntario más eficaz en la escuela y descubrirá varias maneras en las que se puede involucrar.

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<tr>
<th>VOL 100</th>
<th>Credits/Créditos</th>
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<tr>
<td><strong>How to be an Effective School Volunteer</strong></td>
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<td>This course will explore the many ways in which you can become involved at you child’s school and classroom. You will learn how to become an effective school volunteer and how you can support both the school and your child’s educational success.</td>
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<td><strong>Cómo ser un/a Voluntario/a Escolar Eficaz</strong></td>
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<tr>
<td>Este curso explorará las diferentes maneras en las que se puede involucrar en la escuela y en el salón de clase de su hijo/a. Aprenderá cómo ser un voluntario eficaz en la escuela, así como a apoyar a la escuela y a la educación de su hijo/a al mismo tiempo.</td>
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Number of sessions dependent on area of focus/
Número de sesiones depende del área de enfoque
How to Raise a Healthy Child & Access Health Services: These courses will provide you with a better understanding of how to raise a healthy child and how to access health services in the community.

Cómo Criar a un Niño Saludable y Cómo Tener Acceso a Servicios de Salud: Estos cursos le proporcionarán información acerca de cómo criar a los hijos en una manera saludable y cómo puede tener acceso a servicios de salud disponibles en la comunidad.

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<tr>
<th>Course Code</th>
<th>Credits</th>
<th>Description</th>
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</table>
| HEAL 109    | 1.5     | Take Care of Your Heart  
This course will cover the basics of having good heart health. You will learn about high blood pressure, cholesterol, eating habits, symptoms, risk factors and how these affect the health of your heart. Learn how to keep your heart healthy. |
| HEAL 110    | 1.5     | Oral Health  
This course covers the basics of oral health. Learn about the effects of sugar, signs & symptoms of tooth decay, detection, dental procedures and the importance of prevention. Learn how to keep a healthy and beautiful smile. |

Cómo Criar a un Niño Saludable y Cómo Tener Acceso a Servicios de Salud: Estos cursos le proporcionarán información acerca de cómo criar a los hijos en una manera saludable y cómo puede tener acceso a servicios de salud disponibles en la comunidad.

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This course covers the basics of oral health. Learn about the effects of sugar, signs & symptoms of tooth decay, detection, dental procedures and the importance of prevention. Learn how to keep a healthy and beautiful smile.  

1 Session/Sesión  
1 Session/Sesión
Parent-Teacher Conferences are coming soon!
¿Are you prepared?

Let the Partnership Begin!
McPherson School in collaboration with Napa Valley Parent University is offering training to all parents on the McPherson Parent-Teacher Conference process.

In this class you will learn:
1. How to have a successful Parent-Teacher Conference
2. What the Conference process is and why it is very important that you attend
3. What questions to ask the teacher to help you understand your child’s academic level and how you can support him/her

When: Tuesday, October 5, 2010
Time: 8:45-10:15 am OR 5:30-7:00pm
Where: Room 11

IT IS VERY IMPORTANT THAT YOU MAKE EVERY EFFORT TO ATTEND ONE OF THE TWO SESSIONS SO THAT YOU ARE BETTER PREPARED FOR THE CONFERENCE WITH YOUR CHILD’S TEACHER. Childcare will be provided.

Please complete the form below and return to your child’s teacher by Monday October 4.

I will attend the 8:45-10:15am session ____  OR I will attend the 5:30-7:00pm session ____

Student Name ____________________________ Parent’s Name ____________________________ Phone # ____________________________

Date/Fecha: ____________________________

Class/Curso: ____________________________

Registration Form / Formulario de Registración

If you have previously registered for a NVPU class, check this box and fill out section 1 & 2
Si se ha registrado para una clase de NVPU previamente, marque esta casilla y llene parte 1 y 2

Parent Information / Información del Padre

<table>
<thead>
<tr>
<th>1. Name/Nombre</th>
<th>2. Address/Dirección</th>
<th>Apt. #/# de Apto.</th>
<th>3. City/Ciudad</th>
<th>4. Zip Code/Código Postal</th>
<th>5. Phone Number/Número de Teléfono</th>
<th>6. E-mail/Correo Electrónico</th>
<th>7. Child(ren) Name(s)/Nombre de su(s) hijo(s)</th>
<th>8. Child’s Grade/Grado de su hijo/a</th>
<th>9. Child(ren) Room #/# de Salon de su(s) hijo(s)</th>
<th>10. Referred By/Referido Por:</th>
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Reg.: Y____ N____ Status: NS____ RS____ Database: Y____ N____ By:________________________ Date:________________________

Official Use Only
¡Ya vienen las Conferencias entre Padres y Maestros!
¿Está preparado?

¡Que Comience la Colaboración!
La Escuela McPherson en colaboración con Napa Valley Universidad para Padres estará ofreciendo capacitación a los padres de familia sobre el proceso de las conferencias entre Padres y Maestros.

En esta clase aprenderá:
1. Como tener una conferencia exitosa con el maestro de su hijo
2. Cuál es el proceso de una conferencia y porque es tan importante que asista
3. Que preguntas puede hacer usted al maestro para saber el nivel académico de su hijo y como puede apoyarlo.

Cuándo: Martes 5 de octubre del 2010
Horario: Por la mañana 8:45 – 10:15 am o por la tarde de 5:30-7:00pm
Donde: Salón 11

ES MUY IMPORTANTE QUE HAGA EL ESFUERZO POR ASISTIR A UNA DE ESTAS DOS SESIONES PARA QUE VAYA BIEN PREPARADO PARA LA CONFERENCIA CON EL MAESTRO DE SU HIJO. Se proveerá cuidado de niños.

Favor de llenar la forma de abajo y entregarla al maestro de su hijo a más tardar el lunes 4 de octubre

Asistiré a la clase sobre Conferencias entre Padres y Maestros en la sesión de: 8:45am ____ 5:30pm ____

Nombre del estudiante ___________ Nombre del padre que asistirá ___________ Teléfono ___________

Date/Fecha: ________________

McPherson Elementary School

Class/Curso: __________________________

Registration Form / Formulario de Registración

If you have previously registered for a NVPU class, check this box and fill out section 1 & 2
Si se ha registrado para una clase de NVPU previamente, marque esta casilla y llene parte 1 y 2

Parent Information / Información del Padre

1. Name/Nombre
2. Address/Dirección
3. City/Ciudad
4. Zip Code/Código Postal
5. Phone Number/Número de Teléfono
6. E-mail/Correo Electrónico
7. Child(ren) Name(s)/Nombre de su(s) hijo(s)
8. Child’s Grade/Grado de su hijo/a
9. Child(ren) Room#/ # de Salon de su(s) hijo(s)

Reg.: Y____ N_____ Status: NS____ RS_____ Database: Y____ N_____ By:___________________ Date:___________________

Official Use Only