


## San Bernardino City Unified School District


How Well Are You Doing at Being  
Involved in Your Child's Education?

Presented by:  
Marcelino "Mars" Serna, Family Involvement  
Officer, SBCUSD



Marissa Lazo-Necco, Parent Program  
Specialist, SBCSS

Lori Caruthers Collins & Abigail Medina,  
Parent Advocates



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### Activity: What Do You Think?

- What do you believe is the key to effective family involvement?
- What do you see as a barrier to effective family involvement?
- Finish this statement " Effective family involvement is based on . . . "

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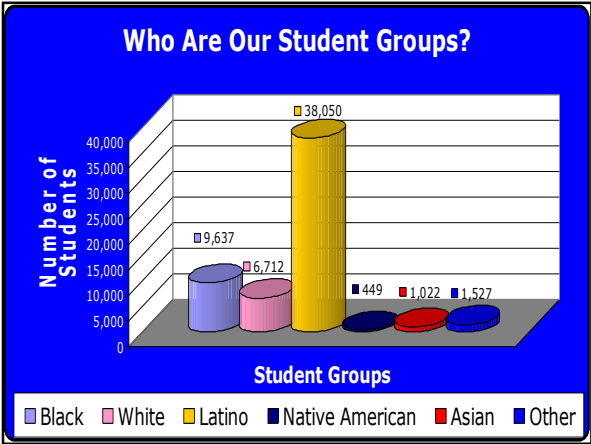
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## Economic Challenges

- 87% of the districts 53,038 students qualified for free/reduced or 46,143.
- 204,800 population in SB City 43.2% of is on some kind of aid (88,568).
- **Unemployment rate (Nov 2010)**
  - San Bernardino County 13.9%
  - San Bernardino City 18.5%
  - California 12.4%
  - Nation 9.3%

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## SBCUSD 2009-2010 Stability/Mobility Rates

- 53,038 students were enrolled.
- 40,535 students were stable.
- 12,503 seats were occupied by mobile students.



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## Student Mobility

- Mobility is Associated with lower student achievement
- Mobility is associated with low test scores regardless of the quality of the school's instructional programs; and
- Mobility affects the student movers the most, but also parents, teachers, school personnel and classmates at both the departing and receiving school, according to the report, "Student Mobility, Academic Performance, and School Accountability" published by the Educational Research Service.

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## Be Still Program

- Allows a student to stay at their original school of origin.
- District will provide transportation to and from school.



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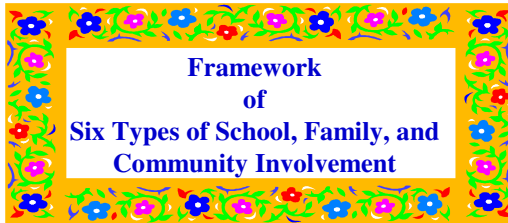
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## Joyce Epstein Model



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## Epstein's Six Types (or Keys) of Parent Involvement Plus Type XO

- Type 1 - Parenting
- Type 2 - Communicating
- Type 3 - Volunteering
- Type 4 - Learning at Home
- Type 5 - Decision Making
- Type 6 - Collaborating with the Community
- Type XO - Relationship Building (the "glue")

Dr. Joyce Epstein of The Center on Families, Communities, Schools, and Children's Learning, Johns Hopkins University, developed the 6 Types framework for categorizing types of parent involvement found at effective schools.

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**Spheres of Influence on Student Learning Leveraged to Support Learning at School**



Source: Epstein, J.L. & Sanders, M.G. (2000)

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**Type 1: Parenting**

Family and school support for the well being of children is basic. Effective schools build on parenting strengths and help families to nurture children.

- Effective parenting classes
- Home learning environment
- Nutrition, Health, Wellness
- Dad's Clubs Events
- Kindergarten Readiness classes
- Positive Discipline classes
- Parent-Child Book clubs
- Cultural Contributions



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**Type 2: Communicating**

Design and implement effective two-way communication practices with families to ensure reciprocal communication and input about children, programs, school activities, and opportunities for involvement.



- Newsletters, calendar of events written by teachers & Parents
- Telephone Trees
- Flyers, notices, announcements
- Principal's Breakfasts or Coffee Chats
- Positive notes and phone calls
- Parent-Teacher Conferences
- Back-to-School Nights
- Home Visits\*\*\*\*\*
- Commendations for customer service

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### Type 3: Volunteering

Recruit and organize parent and community volunteers. Ongoing opportunities are provided for parents to share knowledge, skills, and culture with students and staff.

- Room Parents
- Tutors, committee members, chaperones, role models, Cultural ambassadors, special guests
- College students (CSUSB & SBVC)
- Dads Clubs
- Fundraising roles
- Mentoring Programs
- Providing a Parent Center on Campus



Parent volunteers at a Family Center

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### Type 4: Learning at Home

Involve families with their children in learning activities and enrichment at home by building on family strengths, demystifying ways to create a home learning environment, and offering specific ways to support children as more powerful learners.

- Family Fridays
- Book Fairs
- Curriculum Nights
- Interactive workshops on
  - Homework, Study skills, Questioning, Organizing
  - Literacy, Writing, Reading, Math, Science
  - Creating a Home Learning Environment
  - Kinder Readiness, Transition Readiness
- Provide family materials and resources
- Interactive homework



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### Type 5: Decision Making and Advocacy

Recruit and empower parents and other community members as advocates, advisors, committee members, representatives, and decision makers on behalf of school improvement and student success.

- Parent-Teacher Organizations
- School Site Council
- Action Team for Partnership
- English Learner Advisory Committee
- African-American Parent Advisory Councils
- District Parent Groups: DAC, ELAC, DAAAC, ATP, CAC



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### Type 6: Collaborating with the Community

Establish partnerships with individuals, businesses & organizations to provide support services and resources for children & their families, and to strengthen school programs.

- Project-CUIDAR
- Community Christian College
- Latino Health Collaborative
- African-American Health Institute
- City of San Bernardino (Operation Phoenix & Mentorship Programs)
- County of San Bernardino (Children's Services & DA's Office, Probation)
- BLU Educational Services



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On November 23, 2009

Dear County and District Superintendents and Direct-funded Charter School Administrators:

### THE CALIFORNIA STATE ACTION PLAN FOR SCHOOL, FAMILY, AND COMMUNITY PARTNERSHIPS

The letter may be viewed at

<http://www.cde.ca.gov/nr/el/le/yr09ltr1/letter.asp>



COMMUNITY

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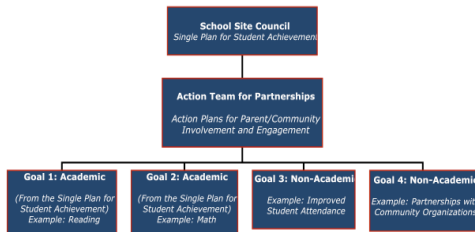
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### Action Plans written by Action Team



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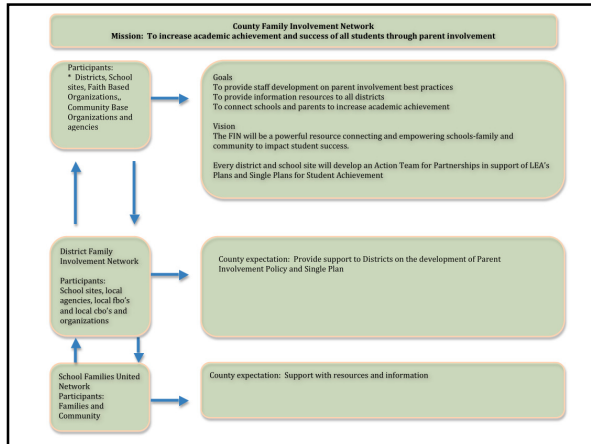
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## Collaborative Partners

- Children's Resources, Inc
- San Bernardino Teachers Federal CU
- American Lung Association
- Reach Out West End
- Concerned African American Parents Alliance (CAAPA)
- Molina Medical Associates
- Planned Parenthood (San Bernardino)
- SB County Superintendent of Schools (Alliance for Education & PIRC)
- Westside Community Center/New Hope Family Life Center

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## Collaborative Partners (cont)

- Inland Empire Health Plan (IEHP)
- La Salle Medical Associates
- Argosy University
- Priscilla's Helping Hands, Inc
- Springboard Consumer Credit
- Volunteers of America
- Street Positive (Million Father March)
- Knotts Family Service Agency
- COPE
- San Bernardino Valley College
- Inland Empire Family Resource Center Coalition
- Inland Congregations United for Change

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## Collaborative Partners (cont)

- Cal State San Bernardino
- Young Visionaries
- First 5 San Bernardino
- Boys & Girls Club of San Bernardino
- SBCUSD-Adult Ed.
- SBCUSD-CAPS Program
- Supervisor Josie Gonzales' Office
- Congressman Joe Baca's Office
- Assemblymember Wilmer Amina Carter's Office
- Senator Gloria Negrete-McCloud's Office
- Life Changing Mentoring Program
- EL Sol Neighborhood Center (mental health)

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## Types of Services at FRC

- ***Relationship Development (family, friends)***
- ***Parenting Education Classes that are Culturally & Educationally Relevant***
- ***School, neighborhood and community resources***
- ***Basic needs referrals (food, shelter, transportation, health & dental care)***
- ***Collaborative Relationships***

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## Types of Services at FRC (cont.)

- Homeless Liaison Services
- CAL-Safe Program
- Job Referrals
- Computer Lab
- Life Skills (Anger Management, communication skills, budgeting, etc)

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### FRC Virtual Tour



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### Computer Lab



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### Children's Corner



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Children's Corner



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Parenting Class



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Parent Institute 2010



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## African American History Day Camp



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## African-American Heritage Reading Room



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## Verizon "Bullying" Grant



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### Computer Literacy Classes



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### Springboard Art Contest Winner- Arroyo Valley HS



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### Kidz Fuel Snack Pack Program



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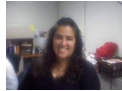
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## FRC Staff

- Marisa Ruiz, Secretary
- Janet Inge, Clerk II
- Emily Valdez, Bilingual Community Outreach Worker
- La Tanya Clark, African-American Community Outreach Worker



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## Homeless Division Staff

- Vicki Lee, Homeless Liaison
- Telice Ostrinski, Homeless Program Facilitator



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## FSC Partnership Outcomes

- Higher Academic Achievement
- Increased Family Engagement (School & Home)
- Lower instances of crime
- Decreased Child Abuse
- Increased access to community programs
- Increased two-way communication among school staff and parents
- Building Capacity among parents
- Greater collaboration among school district and community resources

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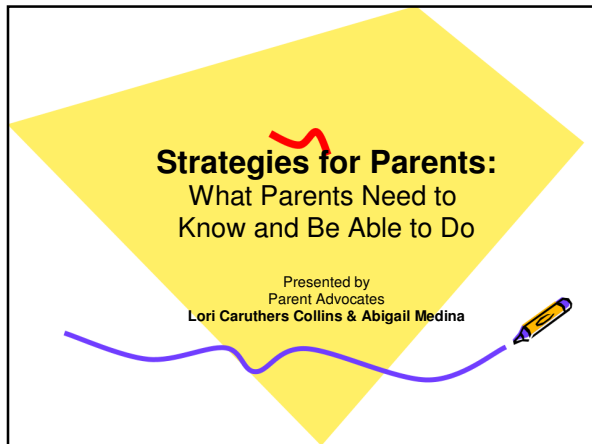
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**Strategies for Parents:**  
What Parents Need to  
Know and Be Able to Do

Presented by  
Parent Advocates  
Lori Caruthers Collins & Abigail Medina



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**Benefits of  
Parental  
Engagement**

Parental  
engagement is the  
single most  
important predictor  
of student  
success.



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**Why Should I  
Become  
More  
Involved?**



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## When parents are involved..

Children have . . .



Better school attendance

Increased motivation &  
Self-esteem



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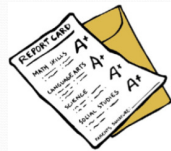
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## When parents are involved . .

Children have

Higher Test Scores



Higher Graduation Rates  
Lower Suspensions Rates

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**1~ GOAL**  
of Parental Involvement

*Build and reinforce learning  
skills at home that support  
your children.*



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## Parenting 101



- Communicate your expectations for academics/behavior.
- Tell them school is important.
- Provide support & supervision.
- Praise your child and have a positive attitude.
- Structure your home environment (routines for study time & bedtime).



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## California Content Standards

*What your child should know and be able to do.*



### Reading

- Literature
- Informational Text
- Foundational Skills
- Speaking & Listening

### Math

- Number Sense
- Algebra & Functions
- Measurement & Geometry
- Statistics, Data Analysis & Probability
- Mathematical Reasoning

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## What Parents Can Do **READING**

- Ask your child questions about what they read, (*who, what, where, when & why*).
- Ask your child to describe the character, setting, or events in a story.
- Ask your child to compare and contrast characters or themes.
- Work with your child to READ & COMPREHEND.



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What Parents Can Do  
**MATH**

- Work with your child to see the relationship between math in school and everyday life.
- Help your child practice basic skills in addition, subtraction, multiplication, division, fractions & decimals (IN A FLASH)
- Help your child understand the steps involved in solving a math problem.

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What Parents Can Do  
**WRITING**

- Have your child make a list of things in their room.
- Have your child write a letter or send an e-mail to a friend or relative.
- In their own words, have your child write a short summary of their favorite TV show or book.
- Have your child write a rap, song or poem

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**Monitor** How Well Your Child Is  
Doing in School!



- **Ask** to see homework.
- **Check** assignments & report card grades.
- Ask teacher when tests are given & **understand results** (CST/CAHSEE).

- **Communicate** with teacher(s) at least **once a month**.
- **Be informed** about school activities.
- **Attend** conferences & other school events.

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## Your **ABC** to **SUCCESS** Strategies

How to Help Your Child from **HOME!**

Parenting is not as simple as 123 but here are some simple tips that will help.



- A:** Advocate
- B:** Books
- C:** Community
- S:** Sleep
- U:** University
- C:** Counselor
- C:** Credit
- E:** Expectation
- S:** State Standards
- S:** Study

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**A** is for **Advocate**

- Become your Child's Advocate.
- Know your child's rights.
- Read and understand before you Sign.



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**B** is for **Books**

You and your Child can check books out at the Library and/or at the School Library for Free!



Countdown to College: 21 "To Do" Lists for High School  
By Valerie Pierce with Cheryll Rilly

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## I is for **Community Resources**

Your Community has great Resources Available

•Free Homework HELP!

San Bernardino County Library (SBCL)

- HelpNow! Brainfuse link: [www.sbcounty.gov/library/home](http://www.sbcounty.gov/library/home)
- Access with SBCL library card #
- One to one Tutoring online from 3pm - 8pm Subjects: Math, Science, Social Studies, English, etc.

Student should have at least 1-2 student contact information from each classroom to help them if your child has any ?s regarding class work

•Visit:

- Library: great resource for summer activities
- Museums: Some offer Free visits on certain dates
- Universities: They offer Free tours

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•California Department of Education: [www.cde.ca.gov](http://www.cde.ca.gov)

•Student Volunteering: [www.volunteermatch.org](http://www.volunteermatch.org)

•CollegeBoard: [www.collegeboard.com](http://www.collegeboard.com)

•College Confidential: [www.collegeconfidential.com](http://www.collegeconfidential.com)

•San Bernardino County Support Unit of Schools [www.sbcss.k12.ca.us](http://www.sbcss.k12.ca.us)




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## I is for **Sleep Schedules**

•School age kids to Preteens need 10-12 hrs\* of sleep during school days, or they may have difficulties paying attention in school.

•Many teens are not getting enough sleep. They need at least 8<sup>1/2</sup> -9<sup>1/2</sup>\* of sleep time.

• Set a Bedtime routine and a notice of 30 to 15 min beforehand.  
\*according to Kidshealth.org

\* Parents will get a chance to Rest too!




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## Is for UNIVERSITY!!!

The Key question is "Which University?"



And Knowing the A-G Requirements.

- |                              |             |         |
|------------------------------|-------------|---------|
| a- History                   |             | 2 years |
| b- English                   |             | 4 years |
| c- Mathematics               | recommended | 4 years |
| d- Laboratory Science        | recommended | 4 years |
| e- Lang. other than English  | recommended | 3 years |
| f- Visual or Performing Arts |             | 1 year  |
| g- College Prep Elective     |             | 1 year  |

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## Is for Counselor

- Get to know your child's school counselor. They are a great source of Resources.
- Ask your child to speak with his or her counselor and letting them know what are their Future Plans.




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## Is for Credit Requirements

- How many credits do you need to graduate High School?
- What classes does your child need to take in order to graduate High school, while at the same time taking the a-g requirements.
- Constantly check with the counselor and teachers, to make sure she/he is on the right track.




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## Is for Expectations

Set Expectations early on.



- Teach them to Strive to learn to their full potential to become confident students.



- Setting High standards in a positive manner.

- And not being afraid to Ask for Help.



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## Is for State Standards

- Check what the State Content standards are by talking to your child's teacher.



- That way you know what your child should be learning.

- If your Child is struggling ask what resources your child's school or District is offering, such as tutoring, before or afterschool programs.

- You can also visit [www.cde.ca.gov](http://www.cde.ca.gov) for a Sample Star test Questions for Parents and Teachers as a review & practice.

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## Is for Study/Homework Area

- It is very important to have a space for your child to study and do their Homework.

- This could be in the kitchen, room, living room or even a small space that has a chair and a portable table.

- A space that is limited to distraction such as the TV.



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# Questions & Answer Session

## Sharing Ideas



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## For More Information

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